

Video 201: General Misunderstanding of Soul, Self, and False Self by Wes Penre, Jan. 8, 2020

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For millennia, humankind has been confused about the difference between soul, self, and false (fake) self, or whether there is any difference at all. Philosophers, mental health practitioners, life coaches, and therapists have pondered this without coming to any common conclusions. In this video, we want to suggest, based on our research and insights, what the differences are, for the listener to reflect on.

We would suggest that the general conclusion psychology has come to is flawed. Even life coaches talk about a Self and a False Self, where the latter needs to be reintegrated with the former for a person to be “whole” again. The problem with

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this is that there *is* no Self—only a False Self, and we'll explain this, partly by using metaphors and analogies, and the listener will hopefully grasp our concept.

The analogy with a video game is excellent—something we've used before and now will use again to go deeper into this. When you are playing a video game, you are the Player. Compare that to the *Genuine Soul*. Let's say you play an online game, where other players can interact with the game from their computers, respectively. Let's say you are new to this video game, so you start from scratch and choose an avatar called Jimmy. You then interact, via Jimmy, with other players who control other avatars.

As the game progresses, you get more and more involved with the game; your adrenaline increases, your focus intensifies, and you send more and more soul energy into the game. The entire game is about survival and evolution, and the last thing you want is for your avatar to die. You become so obsessed with keeping the avatar alive that it takes all your focus. You even forget that you're a Player—you more or less BECOME your avatar and disappear into the game.

However, your avatar eventually dies for one reason or another, and you get very upset because now you need to start all over. So, you create a new avatar—a new Jimmy—and you start from the beginning again. This time, you hopefully make better choices so can survive more easily. Still, at one point, Jimmy dies again, and you start all over in the same loop, desperately trying to complete the game. So it continues, over and over within the same loop.

This is very similar to how this Matrix is set up. We have become our own Jimmys and Marys, and we repeat the same life over and over in the same loop, trying to do better next time, although we don't have any memories from the previous time we were Jimmy and Mary, which makes it even more difficult to complete the game because we tend to make the same mistakes over and over. The Player (the genuine soul) has since forgotten that he or she exists—he or she is entirely focused on completing the game and survive throughout it.

So far the computer game; let's return to our real Matrix reality. This seems to be how it's been set up:

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After the Invasion and destruction of Tiamaat, En.ki/Ea showed us this new Construct (EARTH), where he'd created new avatars for us to possess with our soul energy. We agreed because it seemed fairly similar to the Tiamaat Experiment, and Orion agreed, so long as En.ki let us evolve in a 3-D environment and eventually graduate.

Before the Flood, which supposedly happened around 13,500 years ago, we still knew we were Players inhabiting 3-D bodies, and overall, the Experiment continued satisfactory. However, En.ki started contaminating the Experiment with his genetic tinkering and the creation of abominable creatures that interfered with the original rule set for the Experiment, and eventually, his interference created such chaos that the Orion Council decided to terminate the Experiment with our consent. We knew our bodies were just "suits," so we were probably not too upset about it. At that time, there was much more of us original humans on the planet than we are today.

When the Flood happened, the human soul group was supposed to return to Orion, and many did. However, En.ki tricked Orion by hiding the genetic setup of this planet, and somehow he tricked or forced some of us to continue in En.ki's new experiment, in which he created the artificial soul as an intermediary between the genuine soul and the 3-D avatar/body. He created the time-loop we are now stuck in, and this is probably how he did it:

After having quarantined our solar system and lowered its density, he gave us amnesia so that we would completely forget who we really are—the Players/Genuine souls. We'll explain in a moment how this amnesia is created. When Orion noticed that he'd gone behind their backs, in spite of having promised to agree with their plan to terminate the Experiment, the Queen stripped him and the rest of the Overlords of their creative abilities. This did not stop En.ki, however, who still could execute most of his plans.

What he decided to do, in order to delay our graduation, was to create an artificial soul, consisting of a conscious and subconscious mind—a mimic of the genuine soul. The conscious mind was constructed in order for us to be able to interact with this 3-D reality, and the subconscious mind became our reaction to the 3-D world.

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The conscious and subconscious mind in conjunction became the artificial soul, which we since then have called the Soul, i.e. our personality and identity.

Thus, when we interact with the Matrix, we send the soul energy from the genuine soul, which now is almost unconscious, through the artificial soul, and into the physical body, where our main focus is. We have totally forgotten who we are, thinking En.ki's artificial soul is us. So, when En.ki says we are his children, that we own us, and that he is God, he is partly correct, so long as we operate from the conscious and subconscious mind, thinking *that* is the soul. When we do, we are operating as his children. This is a copy and a mimic of the real thing; the real thing being that we are the Queen's "children" because She created us. She is our Mother. However, in this Matrix, with the intention to confuse us even further, everything is inverted. Here, En.ki is our Father (God) and he owns us. In reality, the Queen doesn't "own" us—She gave us complete freewill to create with no strings attached, and She made us into individuated units of consciousness out of HER soul energy.

In the WingMakers Material, the genuine soul is called the Sovereign Integral. James Mahu of the WingMakers adds another layer to this. He calls that layer the Unconscious Mind. This is the mind of the genuine soul, who is both individual and connected with all the rest of the Namlu'u souls that the Queen created. We feel this connection when we interact with each other within our soul group—this is why it's called the Human Soul GROUP.

This is also where our yearning for true intimacy comes from. The attempt to connect on a very intimate level with another person (or persons) is just an attempt to go back to who we *really* are—beings of love, compassion, and empathy for ourselves and for others and with an urge to connect with each other. On Tiamaat, we all felt this connection, just like the blue beings in the movie "Avatar". Because we now operate with an artificial soul, this connection has been lost or deeply buried, but at the core level, we still feel the need for this intimate connection, coming from the genuine soul. We feel the need to return to who we genuinely are and thus bypass the System and become our True Selves again.

When our human bodies expire in En.ki's current Matrix, instead of just taking a new avatar, we have to pass through En.ki's afterlife construct, which we call the

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Between Lives Area (BLA). When we go through the Tunnel of Light, what we consider being our personality and individuality is shattered and split into trillions of pieces and is used as food for the gods and to feed their System. So, what you consider being you in this lifetime will cease to exist.

Then, the Overlords create a new artificial soul from scratch, having no memories or experiences from any previous life because the new soul hasn't had any previous lives. This new artificial soul construct is then shot down into the same time loop as the one you, the mostly unconscious genuine soul experienced last time. You need to start from scratch, but in the same environment as last time and as the same person in the same environment. Without having any memories from "last time," your improvement depends on your new choices. In most cases, you are going to make the same choices as last time because it has become "natural" to you. You will experience similar trauma from the same environment, and the few improvements you'll make will propel you forward, getting you a little bit closer to graduation. On the flipside, you may also make choices that make your situation worse, and you'll de-evolve instead, getting deeper into the Matrix.

To clarify and summarize what we've covered so far; the Queen created the human soul group and gave us individuality, but at the same time, we are connected to each other because we all come from Her. This is our unconscious mind, or the subquantum mind, if you will. On Tiamaat, we were intimately connected to each other, and we were androgynous beings. We "evolved" as individuals and a soul group at the same time. We could say that the unconscious mind was the original Grid to which we were all connected (and still are). The Queen, or Mother, gave all of us complete freewill to create with no strings attached—that was Her "gift" to us.

En.ki mimicked and completely reversed this. He created artificial souls to possess the human avatars, and this is what the Pleadians consider "En.ki's Gift." He is our Father, which is an inversion of our true Creatrix, who is feminine. En.ki then gave us "freewill" within this Matrix, but with strings attached. There are much fewer of us here now than in Atlantis before the Flood, although it seems like we have increased in number. In order to make the experiment more difficult and traumatic, so En.ki and the Overlords could feed from our creative energies, he

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sent down artificial souls that have no Divine spark of the Queen's soul energy—only *his* artificial soul composite. These are the narcissists and the background people, who are all empty vessels, i.e. Matrix programs without genuine souls. They feed from us, and when their bodies expire, they go through the Tunnel, as well, and get split, being deprived of all soul energy they've gathered from us. The difference is that this is the end of them. A new artificial soul will be created, just like with us, but there is no genuine Divine spark attached to them.

Furthermore, he created our current, artificial Grid with technology. This Grid is En.ki's soul group and a mimic of the original unconscious mind/Sovereign Integral. The Grid mainly consists of an artificial unification between all beings on this planet, based on the attributes of the artificial soul, with sparks of genuine soul energy in it. Thus, instead of keeping us genuinely united, it keeps the *artificial souls* united. The holes in the Grid are something we create when we wake up to our True, Genuine soul. We break the programming.

As a result of all this, we have the dance between narcissists, counter-dependents, and codependents, where the narcissists are more often than not artificial to begin with, while the codependents and counter-dependents are souled. Under certain conditions, a souled being can also become a narcissist, when they are abused in a certain way, but in these cases, it's still the artificial soul that becomes the narcissist—it's just that the genuine soul falls even deeper into slumber, and the “souled narcissist” becomes the Program, entirely, completely turning into the character of the artificial souls that are sent down here without the spark of the genuine soul. But even if an avatar, who used to have a genuine soul, becomes a narcissist, the genuine soul is not. If such a narcissist would go through the Grid, the narcissistic experience will just stay with the genuine soul as a memory and an experience. The problem is that a narcissist would never have the ability to self-reflect, and thus, he or she will not go through the Grid.

The artificial soul, consisting of the conscious and subconscious mind, is what we all operate from in this Matrix for the most part. However, all the pain and suffering we experience here is a paradox—it both traps us in the Matrix and has the opportunity to let us break free from it. Some of us, when the pain and suffering is getting too intense, we leave our body and start operating from a higher

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level of existence as an escape and coping mechanism. We realize that there is something more to life than what we all experience here, and our spiritual journey begins. Eventually, many of us come to a point when we've had enough of this programming, so we decide to break it and do some inner healing.

This is when it becomes important to realize that we are neither the conscious nor the subconscious mind—they are both artificial. What we think is us is nothing of the sort. It's like a baseball with a string attached to a tennis ball, which is attached to a marble. The baseball is the genuine soul, the tennis ball is the artificial soul (conscious and subconscious mind), and the marble is the body. The only thing that is the real us is the baseball, which via the string sends its energy through the tennis ball into the marble.

Thus, there is no separation between the Self and the False Self (the mask) that we experience in the Matrix—they are a composite of an artificial construct that we erroneously call the soul. Thus, to say we should reintegrate the False Self with the Self in the sense psychology teaches us will not work because they are one and the same. There is only a False Self. The True Self is the genuine soul, who has next to nothing to do with our current behavior and sense of individuality and personality in the Matrix—whether we operate from the conscious mind, the subconscious mind, or like most people—both...unless we wake up to our genuine soul. What therapists do is to reintegrate the trauma from the subconscious to the conscious and call it good. Although it will make us feel better because we bring to surface our childhood abuse; when this has supposedly been done successfully, we are operating more from the conscious mind, which is still of the Matrix—we are still stuck with En.ki's artificial soul.

True healing happens when we realize our genuine soul potentials, values, morals, ethics, love, compassion, and empathy and exchange the baggage we've been operating from with the true soul aspects of ourselves, by which true intimacy with others and ourselves incrementally develop. It's a long and painful process, and it requires bravery, but we have the chance to become our true selves again, which has been a yearning deep inside since this construct was created. Not only does it benefit the person who does the True Healing, it also benefits everybody around them, who will also wake up—eventually also on a global scale because we're all

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connected. It will also help dissolving the artificial Grid, so more true soul energy can shine through.

We can imagine that many people, who are in a codependent or counter-dependent situation and want to heal after having really confronted their situation might think, “I can see that this is not benefitting me at all, but this is ME—it’s the composite of my life experiences! If I take that away, there is nothing left!” We believe this is natural because of the False Self we all are operating from—we act and react from coping mechanisms based on childhood trauma, trying to avoid experiencing that trauma again in adult life. The average person is completely clueless that they operate from this state of mind. The perspective must be to exchange the False Self with the Genuine Soul for us to be able to heal. This is most easily done together with other people, where the parties are completely dedicated, but it can also be done alone after we’ve learned to distinguish between the genuine and artificial soul. We need to get into our core being and determine what we REALLY want, write it down, and realize who we REALLY are. Once we have become more familiar with these concepts, the journey toward discovering the True Soul will truly begin. However, it needs to be done in increments, one step at the time, or it will be too overwhelming.

Thus, if we *really* want to help our relatives and loved ones to escape this Matrix, the best thing is not to try to convince them when they are unresponsive; we do it by doing our *own* inner work. That will incrementally crumble the Matrix walls, one individual at the time. Over time, the healing rate within the original human soul group will escalate exponentially, and more people will be able to leave the Matrix.

Consider watching this video to the final end, so you don’t miss out on our video miniseries about the history of humankind from the birth of our souls up until present time. If you missed earlier episodes, the miniseries started with Episode 1 at the end of Video 187. There will be one episode at the end of each of our regular videos from hereon. Hope you’ll find these short-movies interesting!