

Gnosis 12: On Star Races, our Bodies, and our Emotions

by Wes Penre, June 6, 2020



Before we continue the story about the Second Atlantis and the creation of homo sapiens, we feel we need to explain what our physical bodies actually are and why Yaldabaoth Earth construct (Second Tiamaat) is a construct of Death. Also, we want to touch on who all the different star races in the Wes Penre Papers (WPP) are and how they are portrayed in the Gnostic texts. What are “aliens?” (Spoiler alert: they are not what UFO and extraterrestrial researchers think they are). I think we need to start with the last topic to make this coherent.

Star Races in the Gnostic Texts

Thus far, we have only talked about Yaldabaoth and how he created his own twelve Chief Archons, who are basically mimics of the twelve Aeons in the Pleroma. Just like the Aeons, the Archons are androgynous—each with their own characteristics. These twelve Archons

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are, more or less, the only inhabitants of the Kenoma we've touched upon. But what about all the star races mentioned in the WPP and in all the UFO literature? Where do they come into the picture, and why are they called "star races?"

First, we need to grasp what an Archon really is. In the beginning of the Kenoma—before any humans were here—there were only Sophia and Yaldabaoth. Even the latter had Spirit in him, but he was just a half-creation. In the WPP, and in our videos, we have stressed how important it is that we learn to be in charge of our thoughts because we literally create with our thoughts and our intentions, and what we think and intend does manifest as a blueprint in what we call the "astral." These are the thoughtforms we and others mention and talk about. If we give enough strength and power to these thoughtforms, they become self-aware, like a separate being with their own thoughts, emotions, and characteristics. When you create such a thoughtform, it consists of *your* soul energy. Therefore, we all, to various degree, have "soul children" in the "astral" (i.e. thoughtforms).

It's no different when Aeons, Sophia, or Yaldabaoth create, and thus, in Yaldabaoth's case, we have the Archons. They are *his* soul children—*his* thoughtforms that he's given separate lives and individuality, based on the emotions and characteristics he emanated at the time of their creation. Therefore, if he created a thoughtform/Archon with anger in his mind, that would be the characteristic of that Archon. Sometimes, just like we do, he created/creates Archons spontaneously because he might be very angry or very jealous, for example. Sometimes, he might also be very joyful, which creates an Archon of joy, and so on. Each Archon is created as an androgynous being, so he/she usually has more than one characteristic.

At first, Yaldabaoth created the twelve "Chief Archons" and gave them rulership over the different Heavens and the different layers of the Underworld. These are his closest cohorts, whereof Thoth and Marduk (Athoth and Belias) are two of them.

These Archons, once they gained their own personalities, created their own archons (with a small "a" from here on) from their own emotions and characteristics. Thus, archons multiplied, and still multiply, in the Seven Heavens. These archons are the star races I discussed in the WPP—these are what the "aliens" people talk about in the UFO community *really* are.

Why are they called star races? To understand that, I believe we need to reconsider what a star is. A star is a luminary, isn't it? What does the soul consist of? Fire/bioelectricity! What does an archon consist of? Yaldabaoth's soul/fire. Would it then really be a stretch if we think of the archons as stars and maybe even planets? In telescopes, we see galaxies

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and stars—trillions and trillions of them. These are not part of the Underworld, where we currently dwell, but are located outside our current firmament. What we see are only reflections, like laser beams hitting a glass ceiling. Already in the WPP, I wrote that planets, stars, and galaxies are living entities. For example, a solar system consists of a star/sun in the “middle.” Let’s consider the sun being an archon. Around this sun, there are planets revolving. These would be a certain archon’s (sun’s) chief archons (as above so below, copying Yaldabaoth’s first creation). Either on that same sun/star (or on the planets), more archons are created with thoughts, intentions, and emotions of the main archon of the “solar system.” These “offspring” become the chief archon’s “children,” i.e. thoughtforms that manifest. Thus, a star race is born. By now, there are quintillions or more stars, galaxies, and solar systems in the Seven Heavens, and more are being born. We can also think of nebulae as thoughtforms coming together to form new archons.

Let’s say we have an archon that is mainly created out of fairly benevolent emotions and characteristics. Then, it’s quite likely that this archon’s star races/“children” will be fairly benevolent, too, but still ignorant, of course, because they lack Spirit. Remember, Yaldabaoth is the god of evil *and* good—he is of a dual nature—he is androgynous. This also explains why there are wars in the Kenoma/Seven Heavens. Moreover, it explains who the Sirians are; they are a warrior-like star race, created by a warrior-like chief archon.

Now, when we might have an idea of what stars, planets, star races, and star beings most likely are, let’s continue exploring how the human body is setup.

How our Physical Bodies are Constructed

In the construct, in which we currently reside, we have a broad range of emotions. Where do they come from? Spirit, in its pure form, as Aeons, is complete joy and bliss, and out of their own unique characteristics, they create. Only Pistis Sophia has a range of emotions because she was created that way, so she could gain Wisdom. Christ, when merging with Sophia as her extended consort, also has emotions because Sophia does. Therefore, humans have emotions, too, as well as Yaldabaoth, who inherited Sophia’s characteristics. Thus, Yaldabaoth’s archons have emotions and characteristics, ultimately based on Yaldabaoth’s emotions and characteristics.

However, in this construct, we have two types of emotions—the ones we inherited from Sophia and those we have inherited from the archons. In the First Atlantis, we were immortal and non-physical. We had bodies, but they were a direct part of the Genuine

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Soul (*Avatars* in the WPP). The bodies we have now are completely Yaldabaoth's and his archon's creation.

Here is a list of the main Archons, who created homo sapiens and attached themselves to us and have been attached to us ever since:

The four chief demons are:

Ephememphi, associated with pleasure,

Yoko, associated with desire,

Nenentophni, associated with distress,

Blaomen, associated with fear.

Their mother is Esthesis-Zouch-Epi-Ptoe.

Out from these four demons come passions:

From distress arises

Envy, jealousy, grief, vexation,

Discord, cruelty, worry, mourning.

From pleasure comes much evil

And unmerited pride,

And so forth.

From desire comes

Anger, fury, bitterness, outrage, dissatisfaction

And so forth.

From fear emerges

Horror, flattery, suffering, and shame.

[Their thought and truth is Anayo, the ruler of the material soul.

It belongs with the seven senses, Esthesis-Zouch-Epi-Ptoe.]

This is the total number of the demons: 365

--The Secret Book of John (short version)

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This is the artificial soul Ariel and I have talked about so much in our videos. The Gnostic texts call it the “material soul,” “counterfeit spirit,” and “artificial spirit.” It’s all the same thing. It’s also what we call the “reactive mind.” When we get angry, sad, depressed, bitter, cruel, and so on, it has nothing to do with us; the Spiritual Beings that we are. These emotions, leading to (re)actions that are destructive, come directly from the archons. It’s them, keeping us in check, stopping us from waking up. By inducing trauma on us, these negative/destructive emotions inside us can be constantly triggered by our environment, and that keeps us in a loop of continuous reaction, rather than conscious action. Many people go through life without having many original thoughts at all—they are just responding to the stimuli from the environment.

In addition, by creating a second type of humans that completely are lacking Spirit and only have an artificial soul, letting the archons inhabit these bodies, they create narcissists and psychopaths who can further traumatize the spiritual population and keep Spirit in check. In worst cases, even spirited beings can become narcissists because their Genuine Soul and Spirit are so buried inside, due to immense trauma, that they take on the personality of the archontic narcissist/psychopath. A narcissist projects their own shortcomings and evil onto their victims. For instance, a narcissist gets angry at their victim, and the narcissist says, “I am not angry. YOU are angry!” The victim then triggers the archon inside, who is in control of fear and anger, and the victim eventually starts thinking that the narcissist is correct. Little by little they take on the narcissist’s persona—this is particularly common in children, who can take on the parent’s narcissistic traits via their own inner archons. But the damage that was done in childhood often follows the person during their lifetime, emotionally crippling them.

Are you sometimes (of often) hearing voices inside your head, or even hear “someone” calling your name in the ether? These voices are not yours—they are archontic, and from all I know, we all have them.

There is more to this, however, according to the Gnostic texts. Archons are the creators of every single organ in our bodies, and they are the overseers of them—one archon for each body part. The following is a long quote, but we don’t need to memorize all of it, of course. This is just to show how our bodies were created, by whom, and what is attached to us at all times (my comments are **bold** and within brackets []),

The multitude of the angels [**archons**] stood before him. They received the seven substances of the soul from the powers so that they might create the harmony of the parts and the harmony of the limbs and the proper combination of each of the parts.

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16 The first began to create (starting) from the head. Eteraphaope Abron created its head. Megiggesstroeth created the brain. Asterechmen, the right eye. Thaspomocham, the left eye. Yeronumos, the right ear. Bissoum, the left ear. Akiopeim, the nose. Banen Ephroum, the lips. Amen, the teeth. Ibikan, the molars. Basiliasdeme, the tonsils. Achcha, the uvula. Adaban, the neck. Chaaman, the vertebrae. Dearcho, the throat. Tebar, the right shoulder. N[. . . the] left shoulder. Mniarchon, the right elbow. [... the] left elbow. Abitrion, the right underarm. Evanthen, the left underarm. Krys, the right hand. Beluia, the left hand. Treneu, the fingers of the right hand. Balbel, the fingers of the left hand. Kriman, the fingernails. Astrops, the right breast. Barroph, the left breast. Baoum, the right shoulder joint. Ararim, the left shoulder joint. Areche, the belly. Phthave, the navel. Senaphim, the abdomen. Arachethopi, the right ribs. Zabedo, the left ribs. Barias, the right hip. Phnouth, the left hip. Abenlenarchei, the marrow. Chnoumeninorin, the bones. Gesole, the stomach. Agromauma, the heart. Bano, the lungs. Sostrapal, the liver. Anesimalar, the spleen. Thopithro, the intestines. Biblo, the kidneys. Roeror, the sinews. Taphreo, the spine of the body. Ipouspoboba, the veins. Bineborin, the arteries. Aatoimenpsephei, theirs are the breaths which are in all the parts. Entholleia, all the flesh. Bedouk, the right buttock (?). Arabeei, the left <buttock. . . >, the penis. Eilo, the testicles. Sorma created the genitals. Gorma Kaiochlabar, the right thigh. Nebrith, the left thigh. Pserem, the kidneys (muscles?) of the right side. Asaklas, the left kidney (muscle). Ormaoth, the right knee. Emenun, the left knee. Knyx, the right shin. Tupelon, the left shin. Achiel, the right ankle. Phneme, the left ankle. Phiouthrom, the right foot. Boabel, its toes. Trachoun, the left foot. Phikna, its toes. Miamai, the toenails. Labernioum <...>.

[...]

17 And those who animate the parts are, according to parts: the head, Diolimodraza. The neck, Yammaeax. The right shoulder, Yakoubib. The left shoulder, Veron. The right hand, Oudidi. The left, Arbao. The fingers of the right hand, Lampno. The fingers of the left hand, Leekaphar. The right breast, Barbar. The left breast, Imae. The chest, Pisandraptēs. The right shoulder joint, Koade. The left shoulder joint, Odear. The right ribs, Asphixix. The left ribs, Synogchouta. The belly, Arouph. The womb, Sabalo. The right thigh, Charcharb. The left thigh, Chthaon. All the genitals, Bathinoth. The right knee, Choux. The left knee, Charcha. The right shin, Aroer. The left shin, Toechtha. The right ankle, Aol. The left ankle, Charaner. The right foot, Bastan. Its toes, Archentechtha. The left foot, Marephnouth. Its toes, Abrana.

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Seven, 7, [have power] over all of these: Michael, Ouriel, Asmenedas, Saphasatoel, Aarmouriam, Richram, Amiorps.

And those who are over the senses, Archendekta. And the one over the perception, Deitharbathas. And the one over the imagination, Oummaa. And the one over the assent, Aachiam. And the one over the whole impulse, Riarnacho.

And the source of these demons who are in the whole body is fixed as four: heat, cold, wetness, dryness. And the mother of them all is matter. The one who rules over the heat, Phloxpha. The one who rules over the cold, Oroorrothos. The one who rules over what is dry, Erimacho. "The one who rules over the wetness, Athuro. The mother of all these, Onorthochrasaei who is limitless, stands in their midst and she mixes with them all. And truly she is matter, for they are nourished by her.

Ephememphi is the one who belongs to pleasure. Yoko is the one who belongs to desire. Nenentophni is the one who belongs to grief. Blaomen is the one who belongs to fear. The mother of them all is Esthensis Ouch Epiptoe. The passions come into being from these four demons. From grief (comes) envy, jealousy, suffering, trouble, pain, heartlessness, anxiety, mourning, and the rest. And from pleasure comes much wickedness and empty boasting and similar things. From desire (comes) anger, wrath, bitterness, bitter yearning, insatiable greed and similar things. From fear (comes) panic, flattery, anguish, shame. These all resemble virtues as well as vices. The insight into their true character is Anaro, who is the head of the material soul which dwells with the seven senses Ouch Epiptoe. This is the number of the angels: altogether they are 365. They all labored on it until, part by part, the psychic and material body was completed. Now others whom I have not mentioned to you rule over the rest.

If you want to know about them, it is written in the Book of Zoroaster.

And all the angels and demons labored until they had created the psychic body [**artificial soul**].

--The Secret Book of John (long version)

The Construct of Death

Everything in the Kenoma that is physical in nature, which is all of it, besides Spirit, dies, except in the Eighth and Ninth Heavens, where there is a Spiritual balance. This is the

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reason why the First humans, residing in the First Atlantis, were immortal. As mentioned, they did not have physical bodies. The First Atlantis was a preparation for the newborn human soul group—it was in preparation for our mission into Yaldabaoth's realm.

The Second Atlantis, however, was an archontic copy of the first, and it was physical in nature. Only Spirit is immortal—matter is not—so our physical bodies deteriorate over time. In this realm, seemingly having existed in the Third Heaven, humans lived approximately 1,000 years because that construct was not as solid, like the construct we live in now, where our bodies only live at the maximum of 120 years.

Thereupon, since the rulers were envious of Adam they wanted to diminish their (viz., Adam's and Eve's) lifespans. They could not (, however,) because of fate, which had been fixed since the beginning. For to each had been allotted a lifespan of 1,000 years, according to the course of the luminous bodies. But although the rulers could not do this, each of the evildoers took away ten years. And all this lifespan (which remained) amounted to 930 years: and these are in pain and weakness and evil distraction. And so life has turned out to be, from that day until the consummation of the age.

--On the Origin of the World

When the human Spirit descended into the archontic fashioned bodies, it was the Divine purpose to have us accomplish our mission in "one go," which would be approximately 1,000 years, and we were supposed to make it as an entire soul group. Within this period of time, the goal was to shine enough Light upon the physical construct to partly wake Yaldabaoth up to Spirit. Then, Sophia/Christ would descend and light up the Kenoma, so Yaldabaoth's Spirit could be redeemed/retrieved. This didn't happen, and in future articles, we will explain why, and this is where the Flood story is of utter importance...

References and Resources:

The Secret Book of John (long version)

The Secret Book of John (short version)

On the Origin of the World

[The Wes Penre Papers](#)