

# Gnostic Musings #5: Mastering the Human Mind

by Wes Penre, August 18, 2020



**W**hat *is* the Human Spirit? Which part of us are most humans disconnected from that they will reconnect with when they achieve Gnosis?

According to the Gnostic gospels, Zoë Sophia (also called Achamoth), gave us of her Spirit, but we also are individually connected to the Spiritual Realm (the Pleroma) through something we might call the Super-Mind or the *Divine Mind*.

We all have heard of the conscious and subconscious mind, but both of those are only operating in the Kenoma/Matrix (the material universe). There is also a spiritual aspect of the mind as a part of Spirit,

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And just as the admirations of the silences are eternal generations and they are mental offspring, so too the dispositions of the word are spiritual emanations. Both of them admirations and dispositions, since they belong to a word, are seeds and thoughts of his offspring, and roots which live forever, appearing to be offspring which have come forth from themselves, being minds and spiritual offspring to the glory of the Father.

--The Tripartite Tractate

Ariel and I are preparing our own article about the different minds from a Gnostic perspective, which will be published in the near future, but in the meantime, we would like to address the Divine mind with an excerpt from an excellent book by Caroline Cory, called “God Among Us: Inside the Mind of the Divine Masters<sup>1</sup>.” She explains very well and in simple terms what the Divine Mind is—she has a very good understanding of this Gnostic concept.

### **Mastering the Human Mind (excerpt)**

The information and experiences provided to me about mind control prompted my concern over my own mind mastery and that of all humans currently on earth. Clearly, while the actual superior intelligences that instilled such hideous plans are not in charge nor able to control our destiny, the influences and momentum they have created for thousands of years are still felt and experienced to this day, thus the dysfunctional societal inequities we are plainly observing. And so, I asked:

ME<sup>2</sup>: How will I know then that I have mastered my own human mind and that I have begun functioning with a divine mind?

HIM: This question entails the definition of divine mind. When you say “divine”, you are asking about the nature of a mind, which is different from a human mind. It is indeed different in the sense that it does not require attachment to human emotions in order to function, or that emotions are unable to cloud its functionality. That does not imply a feeling-less mind or that you should become an emotionless being. It does imply that your mind

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<sup>1</sup> Can be downloaded to Kindle at [Amazon.com](https://www.amazon.com)

<sup>2</sup> ME and HIM is a conceptual communication between Ms. Cory and the Spiritual Realm.

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is no longer subject and restricted to the human emotions as commonly experienced on earth. As such, the typical human emotions such as anger, fear, frustration, worry - or even positive emotions - are no longer valid for the divine mind in terms of perceiving reality. In other words, these emotions, which can restrict your perception of the truth, are simply experienced for what they are, without impacting your physical reality.

As a divine being, you may experience anger at the sight of evil, for example. However this anger will not be part of the decision or action that you will choose to take regarding your experience. The divine mind, while experiencing human emotions, transcends them spontaneously in order to perceive truth and will take action and function within that truth.

“Furthermore, a divine mind is no longer subject to the limitations of fear. Fear can be useful in terms of a warning sign of physical danger, for example. However, it is limiting in terms of decision making and understanding of truth. The divine mind will perceive and experience the human emotion of fear, simply as a temporary warning sign of an upcoming physical danger of some sort, but it will not become subject to its limitation. For example, the fear of illness, the fear of financial insecurity or the fear of loneliness are irrelevant to the divine mind.”

“Conquering the human mind, once again, does not mean you lose compassion or understanding for your humanity. It simply means that you are now able to understand, embrace and use your emotions in order to control and create your own reality as you please. That is the ultimate goal for all humans: to explore their humanity, transcend its limitations and recognize their divinity within their human body.”

“You will also know that you are now functioning only with the divine mind when all that you do, all that you speak, all that you see and all that you think is aligned with your higher good and the higher good of humanity. It is a mind reflection of the Divine Father, which can only be truthful, loving and good. As you go about your day, observe that which you do, that which you speak, that which you see and that which you think. Notice whether your experience is aligned with your human or your divine mind. All that is restrictive is human. All that is expansive, effortless and freeing is divine. You may choose at any time to master your human mind as it is, once more, the ultimate way of being for all humans: divine beings in human form.”

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“The next step to achieve is to realize that the divine mind can only create in accordance with higher good. Once you have conquered the human mind and consciously merged, totally and completely, with your spirit self, you can only create your outer reality through your divine thoughts. You will then have access to higher knowledge, higher vibrations or spontaneous healing instantly. You will attract that which you desire in a matter of seconds for yourself, and in a matter of days when your desire involves others. You will perceive your physicality from the perspective of your spirit self, and you will begin a timeless experience within the time/space reality. The divine mind is not only free of the restrictive human psyche, but it is also free of the terms of your physicality. It defies time and space, and manages to integrate effortlessly and gracefully the unseen worlds within the material ones.”

ME: How do you achieve that level of Mastery?

HIM: ‘By asking’.

I suddenly became aware of the real divine potential, as a human. Through these connections, conversations and waiting time, I realized I had finally completed the cycle necessary to master the human mind. I did not simply understand intellectually but truly experienced conscious creating through the training and controlling of my thought. It is a difficult task to control our thoughts as instead, we are dragged into others’ negative or subjective viewpoint. Therefore, mastering the mind is the way by which the Masters (that is precisely why we call them “Masters”) can create anything of great value on this earth. These Masters are but an example of the real human potential indeed.

Since that time, I began my daily affirmations as follows: “I have decided to control my own mind and allow only positive and uplifting thoughts to enter my mind. I now choose not to give attention to negative thinking that may appear in my thought pattern. I am in charge of my destiny and my thought process. I choose to manifest in the physical all that I have asked for, if it is the Divine Father’s will. All and any other negative thinking shall not interfere or distract me in my asking and shall be eliminated from my thought process automatically. I also choose and ask to eliminate all negative thinking that still remains in my memory cells or subconscious. I choose to access my divine self and create only positively.” That is creating

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with the divine mind, when the outcome of your thought can only be positive. However, in this realm of duality, is that even possible? To my questioning, I received this divine reply: “If you are a Master and believe in your destiny as an offspring of your Creator, not only is this possible but it is your ultimate goal and only way of existing in the physical realm.”