

Gnostic Musings #6: Enlightenment and Self-Reflection

by Wes Penre, September 1, 2020



“Enlightenment is a destructive process...
Enlightenment is the crumbling away of untruth.
It’s seeing through the facade of pretense.
It’s the complete eradication of
everything we imagined to be true.”

–Adyashanti

The above quote is quite interesting, and based on experience, it’s very true. I think many people have the idea that becoming “enlightened” is equivalent to feeling bliss, joy, and happiness. Although it can eventually lead to having glimpses of such states, the road to enlightenment is definitely a destructive and very challenging process. In this article, we

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will explain how this works. We have touched on this subject before, but now we want to address it from a different angle, more in line with what we have learned from reading and absorbing the Gnostic texts.

In the Gnostic texts, we've learned that humanity has descended from the Upper Heavens all the way down to the bottom regions of the Kenoma/Matrix. We now reside in something called the Underworld or Netherworld—an isolated and quarantined section of the Kenoma.

In order to leave the Kenoma and return from whence we came, we need to undo as much as possible of what we have accumulated on our way down, i.e. what has been added into the subconscious mind in form of wounds, beliefs, trauma, and trauma-based responses/uncontrolled reactions.

We live in a universe of energy and vibrations. Because we vibrate differently, we can't experience what we are not ready to experience. It's of course up to each individual to decide how much "shadow work," i.e. inner work they want to do, if any, but our experiences in the afterlife are dependent upon how much of our baggage we have managed to confront, heal, or overridden. To what degree do we really operate in Spirit? Our destination in the afterlife depends on our beliefs and fear or the lack thereof. As I stated in the [Wes Penre Papers](#) (WPP), we need to question *everything* here because this is a construct of lies, deceit, and manipulation—everything is inverted.

As William Buhlman so correctly points out in his excellent book, "[Higher Self Now! Accelerate your Spiritual Evolution](#)," we take all the baggage with us when we leave our bodies because whatever we've learned here—good and bad—becomes our reality. Although some people might have more spiritual knowledge than the average person, it doesn't mean they have confronted the archontic parts of themselves and transformed their old beliefs into knowledge and understanding.

In his book, Buhlman includes a chart to make it easier for people to realize what they might want to work on. He calls it, "Mobility of Soul/Consciousness in the Afterlife," and these are the specific things he points out:

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Limited to a Single Nonphysical Reality (Heaven)

Least Freedom of Movement

Indoctrinated physical self-identity

Rigid mindset

Follower of belief systems

Attached to a familiar physical environment

Many physical attachments

Inflexible thought patterns

Negative mindset

Self-centered

Unresolved baggage and regret

Holding on to self-destructive thoughts

Ability to Experience Interdimensional Movement

Enhanced Freedom of Movement

Nonattachment to dense human form

Open minded

Spiritual explorer

Open to change

Detachment from material possessions

Flexibility of consciousness

Positive approach to challenges

Selfless acts

Physical life goals complete

Filled with love and forgiveness

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With the above chart in mind, we can see that there is no way to escape our mental baggage, except by working on ourselves to the best of our ability. We create our own prison and attachments to this reality with our beliefs and fears.

Although we, as Spirit/Divine Mind, are untouchable, eternal, and uncorrupted, we still inhabit a soul, which, contrary to Spirit, is made of energy and is therefore of the Kenoma. Metaphorically speaking, we can't run equipment that is made to operate on 110 volts from a 360 volts outlet—it would self-destruct. It's nothing different with our souls. We are the ones responsible for what we experience after death.

This is why I posted a Chinese proverb on our blog, on Facebook, and on our forum a few days ago, where it reads,

“He who blames others has a long way to go on his journey.

He who blames himself is halfway there.

He who blames no one has arrived.”

Blaming others means we are not looking inward to improve ourselves. Everything is someone else's fault—we project our own issues outward. When we become a little more aware, we start going inward and start blaming ourselves for situations in our lives. We realize that we all live in our own beliefs, and we approach life by acting out on those beliefs—often in a reactive and non-productive manner. Gaining more awareness, we then understand that there are higher spiritual powers at work, and we are all part of them. We start seeing our reality without blame, from a perspective of acceptance, and when we, en-masse, learn to do this, the real changes will occur within the human mass consciousness.

This doesn't mean that the world will be “saved” because when we, as a group, come to the point of no-blame, we have already realized that this reality is not our home—it's an abomination, a copy, and a bad mimic of the real Spiritual Universe. It will never become a benevolent world, even if people change to the better. It was not created to be that way, and it's not a part the “rule-set” that created this universe, the Kenoma. This is a universe of decay, death, with a dog-eat-dog mentality, and that will never

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change as long as Yaldabaoth and his archons are in charge of the metaphysical realms. Instead, this universe needs to be absorbed *into* the Spiritual Universe, i.e. Sophia's Mind (more about this in an upcoming article). There is literally nothing here to save. The wonderful experiences most people are yearning for cannot be achieved here on Earth—never has and never will.

However, we can make the little time that's left of the existence of this planet more endurable by making changes within ourselves. Regardless, Yaldabaoth and the Archons will still be around, and our success on a mass scale becomes their failure—their existence depends on their ability to control and manipulate us, which will always prevent us from reaching any consistent higher state of beingness here. We're in the densest part of the material universe, where the vibration is at its lowest. This is the reason why it's important to achieve Gnosis and understand who we are, what our true purpose is, and where we're going—we need to connect with our Higher Self—the Spiritual Realm—from which we've been disconnected for so long.

As the situation is right now on this planet, there is no one, calling themselves enlightened or not, who don't experience various degrees of pain and suffering because that's the way this universe is set up in Yaldabaoth's kingdom. But not even he can be truly blamed—he is a byproduct of this creation, and he does what he is “supposed” to do. He is the archetype of Ignorance and Darkness in the Kenoma.

Thus, don't confuse enlightenment with bliss. If someone tells you that they are enlightened and now they experience only pleasure and peace and no pain and suffering whatsoever, that person is most likely not confronting their Ignorance/Darkness within, i.e. what is buried in the subconscious mind and is thus still in ignorance; such a person is not enlightened. It doesn't mean that a person who is on the path to enlightenment can't feel peace and pleasure at times, but they are *not* immune to pain and suffering. If someone works hard on themselves to improve and repent, they might, at one point or another, reach a level where they feel they are ready to return Home, but they are still to some degree affected by this reality.

Our five senses and our intellect keep us constantly busy with focusing on the outside, material world. There is drama, threats (real and imagined), distractions, and problems in an endless stream that prevent us from going

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inward and process things around us on a spiritual level. And we have constant inner thoughts and chatter that are not even us but originate from the archontic forces within. This keeps us even more distracted from finding out who we really are.

We cannot become perfect so long as we are in the Kenoma, but the more we confront our shadows and ignorance, the better off we will be, and we can more easily reach the Upper Heavens and the Pleroma—the Spiritual Realm.

I am sure there are many people who feel that “now I know everything I need to know, so I’m just going to relax and go on with my everyday life, wait for my demise, and return to Orion or the Pleroma.” Contrary to that, if we want to reach there we need to work on it. It’s when we *do* get Gnosis that the work actually begins for real. As mentioned earlier, we go where we’re ready to go. And don’t forget that this is an inward journey. We are ultimately not going anywhere, except inside our own minds. How pristine is your mind? What do you want to work on? Do you have courage to go inside and reach your “inner core,” which is your Spirit/Divine Mind? If this sounds scary, but you want to still reach there, you need to do the work, nonetheless. You *know* when you’re ready. Even if you perhaps can’t reach all the way in this lifetime, the closer you get, the less work after this incarnation.

I’ll quote Buhlman once again,

“When you find yourself in a situation you don’t like, look at it as an opportunity to learn something new. Always remember that you have a choice in how you react to any situation. Learn to flow with life instead of resisting things that are different than what you had expected. Practice the art of being transparent to all the dramas that surround you.”

--William Buhlman, “Higher Self Now!” p. 30 (Kindle version).

When you can do this more naturally and without judgment, you know that you’ve hit home. The closer you can come to what it says in the quote, the higher your vibration, and the easier things will become after you have left this physical plane.