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## Q&A Session #1, August 2022

*by Wes Penre, August 2022*

The video to this transcript can be found on my video channels:

<https://www.bitchute.com/channel/0QOEIkTlvwzt/>

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Welcome to Q&A Session #1, August 2022. Thank you for your questions, and please send in more to [wespenre2@gmail.com](mailto:wespenre2@gmail.com) and put “Q&A” in the subject line. Anyone can contribute, and you can ask several questions if you like. Here is today’s session:

**QUESTION 1:** What do you say about diseases and different conditions and ailments?

**MY COMMENT:** Dis-eases for the most part are psychosomatic in nature, although we manifest them in our physical body. What I mean by that is, the physical ailments start in the mind. For instance, we might be very anxious over something, we may be stressed, or otherwise not feeling emotionally well. We may be in emotional pain in

one way or another. This is uncomfortable, so we subconsciously direct this uncomfortable energy onto the body, which then might get ill to a various degree—everything from a slight cold to cancer or a heart attack. If we have recurrent ailments, it is a good idea to look at our emotional state and fix the problem from a mind level. There is an excellent book I think everybody should own, which lists all thinkable ailments and diseases, also listing their emotional cause and what to do about it. You can order it on Amazon.com, and it's written by Jacques Martel. The title is, "The Complete Dictionary of Ailments and Diseases."

But not all diseases are created in the person's mind. Some babies are born malformed or with a serious disease. In such cases, it probably does not come from the baby's mind. It could be genetic (ancestral), or something could have gone wrong during pregnancy. If the mother was very traumatized during the pregnancy, it might, as we all know, affect the fetus in different ways. That could be the answer to that.

**QUESTION 2:** What are dreams? Do you think we go somewhere? I know I have had dreams of places I don't ever remember physically going, only to dream of them many times, sometimes many years apart, and in different contexts, as if they really exist and I am just visiting.

And the other people in our dreams, I rarely ever know them, they seem simply other ordinary people like me. Are they dreaming the same dream, but dreaming of me?

**MY COMMENT:** When we fall asleep, we go into REM sleep after a certain time—REM sleep being dream state. When we start dreaming, the soul and mind have left the physical body, or we couldn't dream because dreams happen in the astral. Usually, the soul hovers only a few inches or decimeters above the body, but sometimes, the soul has a full Out-of-Body-Experience (OBE). Most of the time, dreams help us deal with problems we have in life, which are not resolved in our awake state, so the soul often tries to resolve them when the body sleeps, and the deeper mind often uses metaphors. At a first glance, the dream, if we remember it, does not make sense, but if we look deeper, it does—it always has *some* meaning. Sometimes, online dream interpretation sites can be helpful (and sometimes not).

We may dream about people we know, but occasionally, we dream about people we have never met, or we go to places we have never been to before, from what we remember, at least. Most dreams we pull up from our subconscious mind, but if we have a full-blown OBE, we might go to places that do actually exist in the astral, and

it can be a good or bad experience. Still, it's nothing to fear—as we all know, we always return to our bodies and wake up.

To answer your last question; no, the people we dream about usually do not dream about us at the same time, although it *does* happen on rare occasions. I have experienced it once or twice in my life.

**QUESTION 3:** You mentioned reprogramming at least 21-days to 30-days. Which is best? 21-days or 30-days or does it depend on the issue? Also, is it best to write out affirmations or speak them out loud verbally for reprogramming? What would be the best solution?

**MY COMMENT:** 21 days is often sufficient if we are persistent with our reprogramming. Our minds are wired to be programmed by repetition, and it takes 21 days. Sometimes, it can take 30 days, but usually only if we have not been persistent enough. We know when the reprogramming is working because we become cause over our thoughts, and the reactive, negative thought patterns we try to reprogram have diminished to an extent that we easily can override them, and they won't affect us like they used to. There is no way in this Matrix that I know of, which can remove the negative subconscious programming completely—it's a matter of creating a new program that we use instead of the old, which makes the new program more powerful. It's like if we quit smoking. In the beginning, we are torn between a cigarette and no cigarette, and on occasion, we might even give in and light one up. But if we are persistent, we can override the urge to smoke, and after about 21 days, we have created new habits, so we won't need that cigarette anymore—but only if we are persistent.

You can choose whether you want to write your affirmations down, say them out loud, or think them—whatever is easiest for you.

An example of reprogramming would be if you always react with anger toward certain constructive criticism that you know is valid, but you are too shameful and proud to admit it and change. Instead of getting angry at the person who gives you helpful criticism, you stop yourself from reacting, until the urge to burst out goes away, and then you say, "OK, I'll think about that." And then you do, and you change your pattern. If the pattern itself is difficult to change, you think of a new pattern that serves you better and start doing that every time the destructive pattern wants to take over. And so it goes.

**QUESTION 4:** This is a somewhat long question, but I want to include it all:

In light of the foundation model of mortal life - (mandated continuous murder of other life to survive and all the agony it entails for the losers),

Why do Gnostics presume this to be an error?

Isn't it just possible that (Source) God is not love? That our need to survive causes us to presume that God is love? I don't see any evidence for it whatsoever.

Secondly, the problem with needing esoteric knowledge to escape the Matrix seems inherently elitist, limited to those of high intelligence. This is the best our holy father can do? Is he a Mason or something? I thought the weak mattered whereas this idea of esoteric practices for the elite is more akin to Satanism.

And what of animals? What "lessons" are they learning in a slaughterhouse? What is their exit? They do have souls, in my observation. They mourn, love, etc.

Unless I come across some other insight - none of it washes for me. I have no confidence in Source.

**MY COMMENT:** It depends on which God we subscribe to. There is a God of this Matrix. One of his titles is En.ki, as presented in my writings—Yaldabaoth in the Gnostic texts, and YHVH or YeHoVaH in the Bible. But he goes under many names and titles. He is the self-proclaimed God, but not the real God. He is ruling through manipulation, lies, trickery, inversion, violence, and fear. His son is Marduk, whom we could equate to Satan—the Lord of this World. If we follow these two so-called deities and their rules, we end up with the world we have today, or worse. How this happened is basically the story of Lucifer's Rebellion against the real Divine. In the Bible, it's called Heaven, and in my Wes Penre Papers at <https://wespenre.com> it's called Orion (the Greater Universe outside this Matrix).

The true God is feminine in nature and benevolent. Thus, God is actually a Goddess. You can also trace this back in history to the beginning of mankind—at that point, people knew the Divine is Feminine in Nature. To oppose this, the false God has placed himself here as being masculine in nature, thus, the Abrahamic Patriarch Religions. So, the Christian God is the false God, who steals our soul energy when we pray to him and collects our energy through fear.

Because of the nature of this Matrix, it's easy to think the Divine is evil because that's what we see around us. If you read the Wes Penre Papers, you will get a much fuller picture of the Divine.

More evidence that humans are basically good is to watch toddlers in their innocence. They are happy, loving, compassionate, and friendly. Then, parents and life in general on this abusive planet forms and shapes the youngsters, traumatize them, make them reactive in nature, and the spiral is dwindling. This is why it is so important to leave this Matrix and go through a hole in the Grid system that surrounds and energizes our Matrix, i.e., our prison cell.

Find all that is good inside yourself and try to see the good in most people because it's there. Sometimes it is hidden behind reactivity and aberrated behavior, which are only coping mechanisms people learned to use as children to protect themselves against a hostile environment. Over time, these coping mechanisms become their own programming, which they then subconsciously bring with them into adulthood, where their childhood coping mechanisms don't benefit them anymore, and we have a traumatized individual who may do the strangest things. We live in a world run by psychopaths of the 10<sup>th</sup> degree, and that transfers down to the person on the street, who creates these coping mechanisms to protect themselves from further trauma, without being aware of it. And when they are aware, they don't know what to do about it. From my experience, the solution is what I commented on beneath Question #3.

The reason we need knowledge to escape the Matrix is because we have been heavily manipulated here, and the Controllors give us amnesia to keep us under their thumbs. It has nothing to do with the True God (or Goddess, rather). It has everything to do with the False God. The entire Universe is a universe of freewill of choice and creation, so Source can learn more about Itself, if you will, so we make choices and for that, there are consequences. This does not mean we can't help each other when we get in a jam (such as humanity has done due to outside forces). And beings from the Outer Universe (Orion) are in the process of helping us, although or decision whether we want that help or not is up to us. Most people are not yet willing to get that help because in order to be willing to get it, they need to know who their helpers are and what jam we are sitting in. Most people don't, and they have no interest in finding out. So, here we are. Now, it's up to each one of us to leave the Matrix on our own. See the Wes Penre Papers to get more insight about how to do this. The papers are much less esoteric than, for example, the Gnostic texts.

Animals can't escape the Matrix at this time, but the Book of Revelation is not totally made up—it has merit. And when Divine forces eventually destroy this material world of death and suffering, the animal soul group will be free, too.

I hope this helps.

**QUESTION 5:** Where do "aborted" souls go? Back to the BLA (Between Lives Area)? It is my understanding that based off metaphysics, the soul is fully within the unborn body three to four months before coming out the womb.

**MY COMMENT:** Yes, aborted souls go back to the astral. And you are correct regarding souls being fully within the unborn body approximately 3-4 months before birth. If you abort a fetus before the time the soul enters, you are not "killing" anybody—it's just bodily tissue. If the couple tries to get another baby later, the same soul that was aborted earlier might possibly get a chance to try again in the new body.

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