

## The ULTIMATE Guide to Exit Through the Grid

by Wes Penre, September 17, 2023

<https://wespenrevideos.com>

Over the years, I have written multiple articles and made videos on how to exit the Matrix through a hole in the Grid around Earth. I started out by giving very simple instructions because it *is* very simple. However, I noticed that people must have thought it seemed *too* simple, so they complicated things, and all these *what ifs* came into the picture, and they just escalated because of people's fear. It's understandable to feel fear of the unknown, but this fear must be transformed into courage and overridden to the point when the bravery is stronger than the fear, or the exit will obviously not happen and you will fall into the recycling trap again.

This article will most likely be the last article I write on how to exit through the Grid, and after having listened to people's *what ifs* and addressed these fears in miscellaneous articles and videos, emails and messages continue pouring in with new *what ifs*. Therefore, it's time to return to basics. I will end where I started by explaining it plainly and simply because that's what it is—the exit procedure is ridiculously simple. Please don't overthink it, or you will become your own obstacle, giving into your fear and chicken out.

If you truly want to exit, please continue reading. This is what is required:

You must get rid of fears until you get to the point when you know you will be able to exit. You accomplish this by doing inner work. You will know when you are ready enough to override the fears. *Make very sure you remove abusive people from your immediate life* or it will be very difficult to build the courage.

For me, at least, as a healing program, the *21-Day Reprogramming* has worked excellently (<https://wespenrevideos.com/wp-content/uploads/2021/07/Video->

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[263-Needs-Trauma-Behavior-and-Reprogramming.pdf](#)). It also helps if you have a trustworthy person in your life whom you can open up to, and perhaps can open up to you. There is no faster healing than that—better even than the best therapy with the best therapist.

Make very sure that when you die, you have no attachments to the Matrix, and you are ready to leave *everything* behind. Don't be lazy with this one. This applies to friends, relatives, significant others, pets, and material things alike.

That is what you need to work on while you are still here in this life on Earth. If you truly feel you have already accomplish these three steps, congratulations! Then you will read this article without doubting yourself when it comes to exiting—at least not more than you know you can handle your doubt when the day comes.

Here is the simple exit strategy, the one and only I will use. If you don't see any updates to this anytime in the future, the following will be the workable technique I will use—nothing more, nothing less:

When I die and leave my body, I look “up” in relation to my deceased body on Earth, and I will spot the Grid above me.

I spot one of the many holes in the Grid and I think along these lines, “I am going through a hole in the Grid NOW!” The astral is thought-responsive, so my thoughts will be instantly executed. Therefore, the word **NOW!** is very important.

Once out of the Grid, I immediately think, “I am at the Orion Queen's Highest possible aspect NOW!” I will be there in an instant, regardless of where she roams at that moment.

That's it.

The logo for Wes Penre Productions is centered at the top of the page. It features the text "Wes Penre Productions" in a white, serif font, set against a dark, starry background that resembles a galaxy or a night sky with a horizontal band of light.

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The only couple of things I want to add is that *if you encounter anybody at all, no matter who, when you are in the astral, PAY NO ATTENTION to them at all. FOCUS on your task to leave, and no one will be able to stop you. To be stopped, you must agree to being stopped.* The other thing is, *if you feel you're lost in the astral for any reason, just start over. "I am at a hole in the Grid NOW!" and you'll be there. Then repeat 1-3.* If things seem foggy or cloudy, think, "CLARITY NOW!" and you'll get clarity.

This is all there is to it.

Love,  
Wes