



Q&A Session #29, 2025
by Wes Penre, September 25, 2025

Welcome, and thank you for your questions! Please send more to wespenre2@gmail.com, including 'Q&A' in the subject line, so I don't miss your email.

Please keep your questions as brief as possible. I receive too many lengthy emails, and I've noticed that I hesitate to include some of them because I don't have the time to condense them. Please keep your response as brief as possible. I understand that sometimes, keeping it short is not an option to convey your message. Just doing your best is good enough.

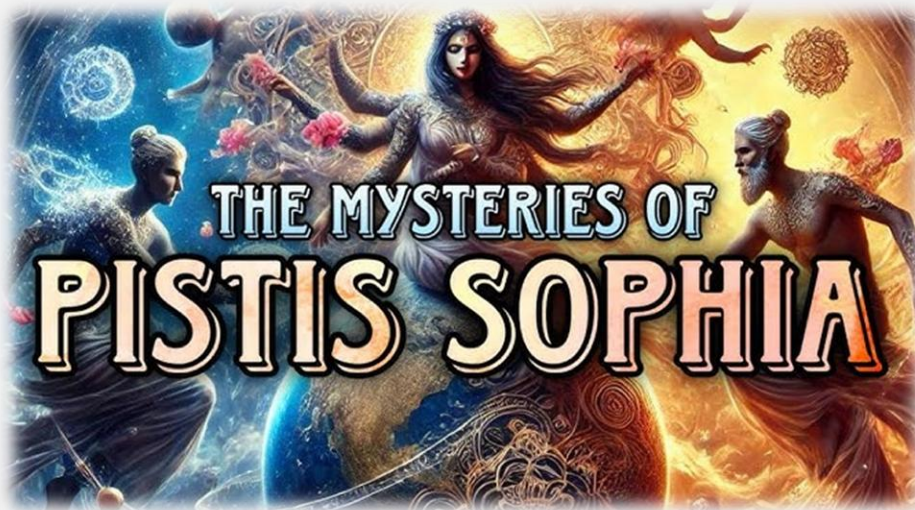
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For more details, please follow this link: <https://wespenrevideos.com/2024/08/28/wes-penre-books-published-in-multiple-languages/>.

German translations are also available on Amazon.de, which can help save on shipping costs if you're in Germany. This will be updated once a newly translated book is published anywhere.

Please note: If the question(s) you submit is/are omitted, it's usually for two reasons: there was no space to include all questions that week, so keep an eye open for one of the following Q&As. Alternatively, and for some reason, the question(s) did not fit the hallmark for a Q&A—perhaps too broad or complex to answer in this format. It's never because I think a question is “stupid.”

Unfortunately, I don't have time to watch videos that people sometimes send me as part of the question. Instead, please take the part of the video that relates to the question and write that into the question. Also, please refrain from sending websites or lengthy PDF files I don't have time to read. When I receive these attachments and links, I must automatically disregard these questions unless I can comment on them without having to attend to the attachments.



Question #1: Are we essentially in the Mind of Sofia? If so, by that logic, all things that exist within her Mind/Reality are part of her, even the "evil" entities and beings, no?

Comment: This is a great question. Yes, I would say we are in the Mind of Sophia. She created the universes inside her Mind, and even if she manifested them “outside” herself, visually thinking, it’s still Sophia’s Mind. This is a reason we may refer to all physical universes as “holograms” or “simulations.” Sophia can, theoretically, retract all her creations in an instant, which I think she doesn’t want. She just wants a solution to the archontic problem (the Sirians/Khan Kings/the Overlords).

So, we live inside Sophia’s Mind/Creation. We, as Geradamas/Spirit, entered Sophia’s Universe (Orion) to help her solve the Archon problem.



Question #2: i) Is the idea of 144,000 starseeds purely a concept, or who are they?

ii) Can they awaken humans by “logging into” our DNA?

iii) What are “motherships”?

Comment: Some say the 144,000 refers to the number of the Global Elite, while I think it may be the original number of Aryans/Namlu’u who survived as homo sapiens after Noah’s Flood. In that sense, we are “Starseed.” We *are* the Starseed, although I don’t use that term because it has too many New Age connotations associated with it. Since the Flood, we have, of course, procreated heavily, but not all 8 billion people are Starseed/human. There are NPCs here, too, and other beings, as well—potentially.



Question #3: I think you have answered this before, but I could not find it....When the body dies, does the spirit need time to leave? I heard that it takes 3 days for the spirit to disconnect from the body....I find that hard to believe, i would think it is instantaneous. Please advise as I would hate to be responsible for a loved one's spirit being disturbed or trapped because i cremated the body too soon.

Comment: Yes and no, I would suggest. When we die, the soul immediately leaves the body, severing the silver cord, which can be said to be the astral umbilical cord (as above, so below). See my latest book for more information on this and other topics (“[The Nature of the Multiverse](#)”). And our True Spirit (Geradamas, according to some Gnostics), follows the soul until the soul is

destroyed in the astral between incarnations, and a new soul is created with a blank slate and without memories.

Anyway, homo sapiens are En.ki's and Zoe Sophia's creation, and each blood cell in our body contains Sophia's spirit fire. Those fires are responsible for our body functioning, and so we can move around. These fires may take a few days to leave the dead body, according to some (such as Annie Beasant of the Philosophical Society), and, therefore, according to her, we should not burn the body until after five days (correct me on the number here if you want to look it up, since I go from memory). I would say that even if this is correct (which it may be), it does not affect the soul and the Human Spirit since those components have already left, and the silver cord is severed.



Question #4: In your most recent Q&A you mentioned that a pregnant mother gives Spirit to the child. I'm a bit confused - are we not each a particular mini Spirit, as in individuals?

How can something I supposedly already am, be given to me when I'm in the womb?

Comment: When you were an embryo and a fetus in your mother's womb, you were "nothing." You had no memories of anything. It's the same thing for each incarnation. It's called "Blank Slate Technology" when the Archons wipe your memory clean between lives.

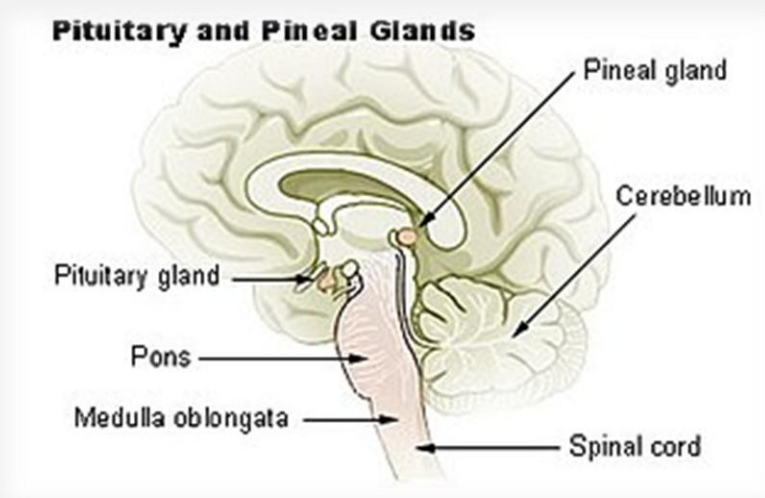
However, early on in the pregnancy, the fetus gains her cells from the mother's and father's ancestral lineage, so you become physically related to them. In those cells, Sophia's Spirit spark. Science knows that the cells are "fiery" and very much energetically alive. That's Sophia's Spirit, and all fetuses start out as female—this is also scientifically proven. From those Fires, you inherit

the memories of your bloodline, spanning some 200 years up to today, although I've also heard the number 375 years (15 generations).¹ You only subconsciously remember, however, but all you can access to build your new personality each lifetime is your DNA (ancestral lineage) and what you learn from your caregivers and your environment. Then, you interpret the information in your Matrix mind, which is essentially your brain, and that creates your new personality, completely different from your previous one. This creates your conscious, subconscious, and nonconscious Matrix minds, which "helps" you navigate and survive here.

Still, there is another aspect of it. Your mother shares her Human Spirit with you (the Geradamas Spirit from the Upper Pleroma (Spirit Realm), and thus splits herself to give you a bit of your life force, which makes you connected with the Higher Spirit, which is your Highest Self. But the Highest Spirit is not your personality in the Matrix. Your personality is what you develop every day in this current lifetime.

But sometimes, the Geradamas Mind bleeds through, and you may get epiphanies and "downloads" from your Highest Self in form of snippets of concepts that can teach you Higher Knowledge about who you really are and more. Spirit is Light, and Light carries information.

In summary, we carry two types of Spirit: Sophia's Spirit from the blood cells and the Geradamas Spirit, which is the ultimate YOU.



Question #5: I had watched a YouTube video in which the person spoke of the Hippocampus and Pineal Gland of the brain, which is calcified to dumb down the masses. This person is a former member of The Brotherhood, a secret society, and stated that there are 30 techniques for those members to decalcify their pineal gland and hippocampus. My question then is, as Spirited Beings,

¹ <https://www.genealogyexplained.com/how-many-generations-does-dna-go-back/>

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we don't need to do as much work to decalcify our Pineal Gland, whereas those members are obviously using technology. Am I right?

Comment: I don't know what to say about calcified pineal glands when it comes to spiritual development. Is that true or made up? The Brotherhood member, for example, did he charge to teach people how to decalcify the pineal gland?

Anyway, if we can "evolve" just fine and make progress, why bother with the pineal gland? If a person has problems understanding many concepts, perhaps it's not even a pineal gland issue but something else? It could be as "simple" as being connected with a narcissist.

Anyone can do what they want, of course, but I have no attention at all on the pineal gland when it comes to calcification. I could be wrong, but that's just my gut feeling right now.

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A shout-out and special thanks to my Tier 2 to 4 Patrons, whose support is invaluable so I can continue my work. Here are a few who have accepted having their names mentioned. When I post videos, I will separate the Shout-out from the regular honorary mentions, as I used to do, but when I'm posting articles, I see no reason to separate them:

Lucy, Nadine&Jose, Naturalvet, Higherground. Denise R., Kim C., Esty, Susan Hassett, Vianne, Hema, Suzanna, Lova, αἰψών, Stranne, SS, Ninotchka, Conrad Nagel, R3yn, Sovereign Spirit, Vitalinfo, KIM MIN SUNG, Cheryl, MCMG, Andrew, MikeO, Yohan Tengra, Renerio, Jose Capareda, Leo B., Claudia, Josh Churchill, Mark, Heidi, Jeff & Kathy Hatten, Meryl, Austėja, Haya, Gabi P., Bert&Monica, Jeffrey Jitterbug, just_put_it_here, and Peter Zammit.